

The Mityana Charity

Dedicated to helping the people of Mityana, Uganda

Registered Charity no.: 1064825



Issue: Aug 2016



Wendy Finch with some sponsored children

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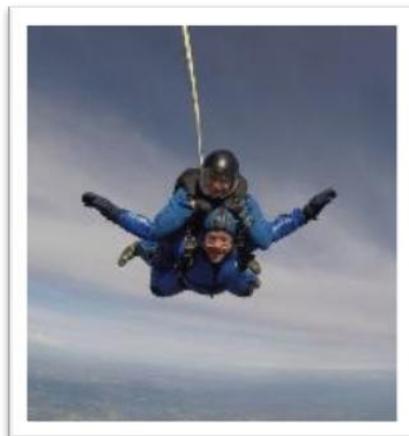
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Fundraising Successes and Thanks

Congratulations to Jane Critchlow who ran her first half marathon in aid of Mityana Charity. She raised £370 and has decided to donate the money towards the primary sponsored children having a visit to the zoo. Most of these

children have never ventured out of Mityana or even their village. Jane, being a deputy head teacher realises how much children learn from such a visit. If you would like to donate for your sponsored child to go that would help us raise the money for this.

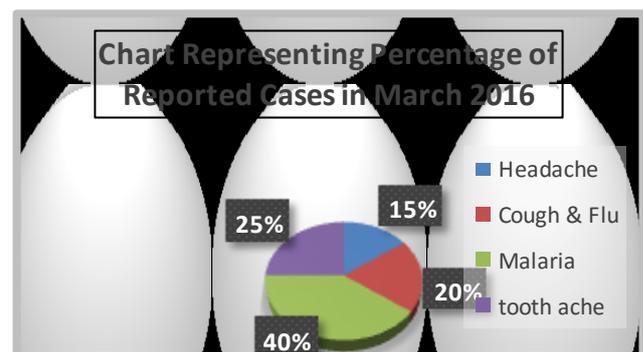
Damian and Nathan Ashfield celebrated Nathan's 40th birthday by both doing tandem parachute jumps. The first 60 seconds was free



fall. They paid their own cost for the jumps and decided to raise money for Mityana Charity. They raised £1,600 to buy mosquito nets for all our sponsored children. Well done and thank you!

We would like to thank EE, Damian's employer, for donating £250 of his fundraising.

Help us fight Malaria



Malaria is one of the greatest dangers for children in sub-Saharan Africa, killing one child every minute. It is the second greatest killer disease amongst children under five. Malaria is spread by mosquitoes and children in malarial countries are most at danger when they are

asleep. A week after the visit by trustees and sponsors in March a child at St Mary's School for the Deaf died from malaria. Adults also become very sick when malaria recurs and need urgent treatment otherwise they too may die. One of the Ugandan interns who had worked on the HHP farm recently died from malaria leaving a young daughter.

There is currently no malaria vaccine, but mosquito nets help to protect children from mosquito bites. A net costs £5 and malaria treatment costs £5.

We have established a medical fund for the sponsored children using additional funds that are donated because medical treatment is not included in sponsorship monies. If you feel you could contribute to this fund we would be very grateful.

The Joy of Sponsorship

by Mary Tweedie

When I first agreed to sponsor a child through the charity I had a few anxieties; I wondered how I would relate to my sponsored child, whether the money I donated would be used as I intended and whether I would raise expectations I was unable to fulfil. I need not have worried. I was allocated three girls to sponsor; each girl is now a confident young woman, educated and



able to offer her time and talent to her country.

Little by little through the exchange of letters and small Christmas gifts, we grew to know each other. Ten years on, I found I wanted to meet the girls and learn more about their country and culture.

Representatives of the charity make regular visits to Mityana, taking sponsors who are

interested, so last March I travelled out to say hello to Ruth, now studying Food Technology at Kyambogo University, to Stella, soon to be earning a salary in Catering, and to Christine training to be a Nursery School teacher.

The moment of meeting was precious and joyful for each of us, I believe, and worth every penny spent on the air flight. I returned home boosted with pride in the achievement of my sponsored children, and bathed in warmth of their affection and gratitude.

WASH Projects Update

by Hugh Wakeling

I am glad to report that good progress has been made in the last six months on providing clean drinking water and latrines:

So far this year we have provided water tanks to Kasaana Health Clinic, Miseebe Health Clinic and Nabembezi Primary School. Here is a picture of the new tank at Nabembezi Primary School.



This year we have been able to provide four-door blocks of latrines at Kiteredde Health Centre, Buyaga Primary School and Mpirigwa Primary School. Here is a picture of the latrines at Kiteredde Health Centre taken when three of our Trustees went out in March to inspect the newly completed facility.



In partnership with Water-to-Thrive we have been able to put in a deep bore hole at Mpirigwa Village, and two shallow bore holes at Nakwanga and Namasenene Villages. In addition, spring protection projects have been completed at Maanyi and Kisaana Villages. In each village there has been hygiene training and each village has set up a Water Management Committee. Each village raised some money as their contribution to the project in their village. Here is a picture of the completed spring protection unit at Maanyi Village.



Report on March Visit by Trustees and Sponsors by Jo Riddaway

Four Trustees of the UK charity and ten sponsors visited the charity in Mityana for two weeks in March. We were given a great welcome and proudly shown many of the current projects. Our first experience was meeting nearly all the sponsored children and their carers in a huge unfinished church in the centre of Mityana. There are more than 200 sponsored children and it is rather overwhelming to experience seeing them together. It is clear the sponsorship scheme is greatly appreciated and is transforming lives.



A roof solar panel, giving power to 2 light bulbs in a house and a battery costs £35. Perhaps this could be a gift to your sponsored child's family?

Several days we went to the homes of children sponsored by us and met their mothers, aunts or grandmothers and saw and spoke to them about how they live.

We had great difficulty in persuading them that just a small proportion of the gifts of eggs, fruit and nuts they wanted to give us would make us happy!

As part of our Legal Aid project we visited one of the local prisons and supplied some prisoners with mattresses and craft materials. The charity's activities have helped to improve the treatment of prisoners. We also attended a debate on Children's Rights and a play illustrating Child's Rights problems. This is the way that education about Rights is being spread through the schools in the area.

We helped distribute basic food to some of the very poorest elderly people in the surrounding district and officially opened a new pit latrine (to replace the one that had collapsed) at a country clinic. Also we saw how the water tanks provided by the charity were having a huge impact.

We visited Nabukenya Primary School and found it to be a happy busy place under its new headteacher who is full of modern ideas on the



sort of teaching methods we use here such as reading using phonics. We were also able to take them new Maths textbooks.

Whilst we were there we saw the pig project which will soon raise money to pay the teachers' salaries by selling cooked pork from a "Pork Joint", on the main road to Mityana. In addition, we were shown the impressive coffee farm which is now on the verge of providing the charity with an income. Well done HHP on this



fantastic achievement.

At the AGM we met many graduates from the sponsorship scheme who are doing well. Also we were impressed by a local official saying that the charity was widely admired for the contribution it makes to enhancing the education and



wellbeing of people in Mityana.

Our most lasting impressions of our visit were the warmth with which we were welcomed and the good fun we had together and with the many young people who came to see us. Our hosts threw a great party for us one night and after a tasty traditional meal in the garden of the charity office we danced with a vigour I would never have guessed likely of many of the guests!

Sanitary Pads Keep Girls in School

In Uganda, drop-out rates are high for rural girls. Up to 80% of girls entering primary school will never complete their primary education.

One of our previous sponsored boys wrote this: "I just watched this touching story on Bukedde TV, about these little teenagers who can't afford to get these Sanitary Napkins. It has reminded me of a little girl I met last month in a certain village on her way home during school hours and she was bleeding, I felt so touched and I had to buy several boxes of 'Always' and distributed them to two nearby schools. I couldn't bear it. I had to help and I am glad I had some money on me to help, I did it once but I've seen a big need to help. I wish if those people who have the ability to help can come out and help those girls, it'll be better. You can't imagine how unhealthy it is for a girl to use a banana fibre and leaves during their periods."

Jean Ajin comments: I was so pleased to see a young Ugandan man having a heart for these girls. When we get extra donations we buy sanitary towels for our girls. If you would like to support young girls in this way, please contact

us. We have also been grateful to receive some washable STs but the girls need guidance with these.

Congratulations!

- **Eunice and Jose** on your engagement



also **Nsegobya Mike and Kevin**

- **Prossy Nanyondo** who has successfully completed her midwifery course at Kiwoko School of Nursing and Midwifery, Kiwoko Hospital Luwero. She is now working at the hospital as a qualified midwife.
- **Jo Golding writes:** It has been such a pleasure to help sponsor Prossy through her schooling and training. As a young woman in Uganda, I see her being a great influence for good in her family and community. Well done!



Florence Nabukalu and Juma on the birth of their twin boys Hussein (left) and Hassan(right). Brothers for Nabilah. Florence works as our Project Officer in Mityana

Thank you to David Russell and ACU

We would like to thank *David Russell* for his kind generosity in allowing The Mityana Charity to use rooms at 'A Child Unheard' for our offices. As ACU are expanding and need the rooms we have had to find alternative accommodation and are now renting a building near the Enro Hotel.

Future Plans

- **London Marathon 2017**

We were lucky enough to get a place in the London Marathon in the charity ballot. Please support Yasmin Jenkins who will take on this personal challenge. Yasmin is fit but has never run a marathon before!

<http://uk.virginmoneygiving.com/Yas>

- **A New Office**

We would like to raise funds to build a hub for the charity within Mityana. This would comprise of office accommodation and a business/conference centre with rooms to let as a means of generating income so that our team in Mityana can become self-sufficient. *If you can help us to start raising money for this project please contact us. It is urgent that we start raising funds for this as soon as possible.*

- **Visits**

Please contact us if you are interested in joining us.

Hugh Wakeling is visiting Mityana 20th October to 4th November 2016

Jean Ajin is organising a visit in February/March 2017.

Are you looking for an exciting challenge? GAP year students, interns, retirees or anyone else interested in volunteering in Mityana. We could arrange placements for any length of time. Some of the projects you could be involved in include accounting, human rights, law, teaching, the school for the deaf, agriculture, coffee farming, IT skills, medical, water projects, office administration.

If you are interested in visiting Mityana please do get in touch.

Finally, a few financial reminders.....

Are you a **tax payer**? If so, please consider completing a Gift Aid form downloadable at:

mityanacharity.org/form_ga.doc

Are you Interested in leaving a **legacy** to The Mityana Charity?

For further information please see:
mityanacharity.org/donations_legacy.html

A plea from our Treasurer

CAF donations

Please email enquiry@mityanacharity.org if you donate in this way, include:

Your name

The amount

The project for which it is intended

CONTACT US

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Follow us:



Thank you.

Bob Riddaway